

**META-ANALYSIS OF OSTEOIMMUNOLOGY:  
INTERACTIONS OF THE BONE AND IMMUNE  
SYSTEM**

*Dissertation submitted in partial fulfillment for the requirement  
of the degree of*

**BACHELOR OF TECHNOLOGY**

IN

BIOTECHNOLOGY

By

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## **DECLARATION**

I hereby declare that work presented in this report entitled “**Meta-analysis of osteoimmunology: Interactions of the bone and immune system**” in partial fulfilment of the requirements for the award of degree in Bachelor of Technology in the Department of Biotechnology and Bioinformatics **from Jaypee University of Information Technology Waknaghat, Solan, H.P.** is an authentic record of my own work carried out under the supervision of **Dr. Rahul Shrivastava**, Associate Professor in the Department of Biotechnology and Bioinformatics. I have not submitted this work elsewhere for any other degree or diploma.

A handwritten signature in black ink on a light blue background, reading "Soumi Biswas".

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Date: 22/05/2021

## SUPERVISOR'S CERTIFICATE

This is to certify that the review of literature reported in the B.Tech thesis entitled **“Meta-analysis of osteoimmunology: Interactions of the bone And immune system”**, submitted by **Soumi Biswas (171811) at Jaypee University of Information Technology, Wagnaghat, India**, is a bonafide record of her original work carried out under my supervision. This work has not been submitted elsewhere for any other degree or diploma.



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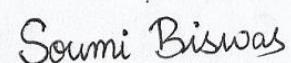
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The satisfaction that accompanies with the successful completion of any task would be incomplete without the mention of people whose ceaseless cooperation made it possible, whose constant guidance and encouragement crown all efforts with success. I'mverymuchgratefultomy project supervisor **Dr. Rahul Shrivastava** and my parents for constantly supporting me and encouraging me towards the completion of the project, it wouldn't have been possible without them. I would also like to thank the university's library which has been a constant source for gaining knowledge and keeping one updated about the ongoing researches in the field of osteoimmunology.

A handwritten signature in black ink that reads "Soumi Biswas". The signature is written in a cursive style and is placed on a light gray rectangular background.

Soumi Biswas (171811)

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## **ABSTRACT**

Recently, extensive reciprocal interactions between the immune and skeletal systems demonstrated, to the rise of a new interdisciplinary research field, named “osteimmunology”, that is focused on the understanding of the crosstalk between the bone and immune systems. In brief, this field investigates the nexus between the immune system impacting the bone turnover in pathological and physiological conditions through the immune-skeletal interface. The researchers have gained better understanding of the interactions between bone cells and immune system, and opened horizons in bone remodeling, wherein the bone formation and resorption coexist in a dynamic equilibrium were under strict immunological control. Nevertheless, bone and immune system are functionally integrated through the complex homeostatic networks and hence, provides a framework for obtaining new insights for the discovery of novel treatments for diseases related to both systems. Therefore, osteimmunology definitely appears as both an interdisciplinary research and clinical field which allows new pathogenetic and clinical interpretations of wellknown and common diseases, such as osteoporosis, rheumatoid arthritis, periodontitis, etc. The field of interest is constantly expanding, thus enriching with an increasing number of translational implications, in clinical practice and even in various branches of medicine.

## **CHAPTER 1: INTRODUCTION**

### **1.1 What is osteoimmunology?**

Osteoimmunology is an emerging field of research that explains the relationship between the immune processes and the bone metabolism of various inflammatory bone diseases. The mechanisms governing the osteoblast and osteoclast are critical for the understanding of the health and disease of the skeletal system. The field investigates interactions between skeleton and immune system.

The term osteoimmunology was first time coined by Arron and Choi, to describe the phenomenon of T-cell mediated regulation of the osteoclasts. Also, most of the research work carried out in this field are quite recent and are mainly focused on the influence of the immune system on osteoclast physiology. As a matter of fact, the bone cells share a common origin with immune cells, since they both arise from bone marrow hematopoietic stem cells.

### **1.2 Importance of osteoimmunology:**

The immune system is an organization of cells and molecules with specialized roles in defending against pathogenic bacteria (extra and intracellular), viruses (intracellular), fungi, protozoa and other parasites and also to protect us from neoplastic cells. When a pathogen enters the human body for the very first time, it immediately encounters cells of the innate immune system that are constantly patrolling for foreign invaders. The macrophages, neutrophils and dendritic cells act as the defense mechanism, which engulf and destroy the foreign pathogens and the infected body cells as well. The guard cells then break down the material they have ingested and display samples of the intruder's components known as antigens so that members of the adaptive immune system, T and B cells, can become familiar with the pathogen's appearance. At the same time, the antigen-



the killer T cells destroy the cells colonized by the invading microbes while the B cells release antibody molecules. It takes time for the interactions to happen with antigen presenting cells to create these B and T cells, but a subset remains in the body as the "memory" cells. There is a close relationship between the immune and bone systems. Research into the bone destruction associated with inflammatory diseases such as osteoporosis, rheumatoid arthritis, periodontal disease, osteoarthritis, Paget's disease, multiple myeloma and metastatic bone tumors highlights the importance of the interplay of the immune and skeletal systems. The crosstalk between these systems has led to the emergence of an interdisciplinary field called osteoimmunology. Although, osteoimmunology initially started with the study of the immune regulation of osteoclasts but, its scope has now been extended to encompass a wide range of cellular and molecular interactions, including those between osteoclasts and osteoblasts, osteoclasts and lymphocytes, and hematopoietic cells and osteoblasts.

At the same time, various factors produced during the immune responses are also significantly capable of effecting the bone regulation and metabolism. Therefore, the two systems need to be understood thereby, to integrate and operate in the context of the osteoimmune system, allowing a heuristic concept which aims to provide a scientific basis for the discovery of novel treatments for diseases related to both systems but also, a framework for obtaining new insights by basic research too.

### **1.3 What is bone biology?**

Bone is a key element of the skeletal system which evidently supports locomotor activity in vertebrates, but is simultaneously a multifunctional organ that deposits and maintains the metabolic homeostasis of minerals such as calcium and phosphate. In addition, bone also harbors mature immune cells and hematopoietic stem cells, including B cells, a small number of T cells and macrophages. The host-defense mechanism of the immune system maintains by elements including virus, cancer and bacteria. The immune system starts from the plants and primitive animals and therefore, forms the basis for complex systems of innate and adaptive immunities found especially in vertebrates. However, the highly developed vertebrate immune system requires both the tissues and functionally specialized immune cells for the generation and maintenance of cells, such as the thymus, spleen, lymph node and bone marrow.

## CHAPTER 2: BONE CELLS AND THE IMMUNE SYSTEM

### 2.1 The origin of bone cell:

i. **Osteoclasts:**

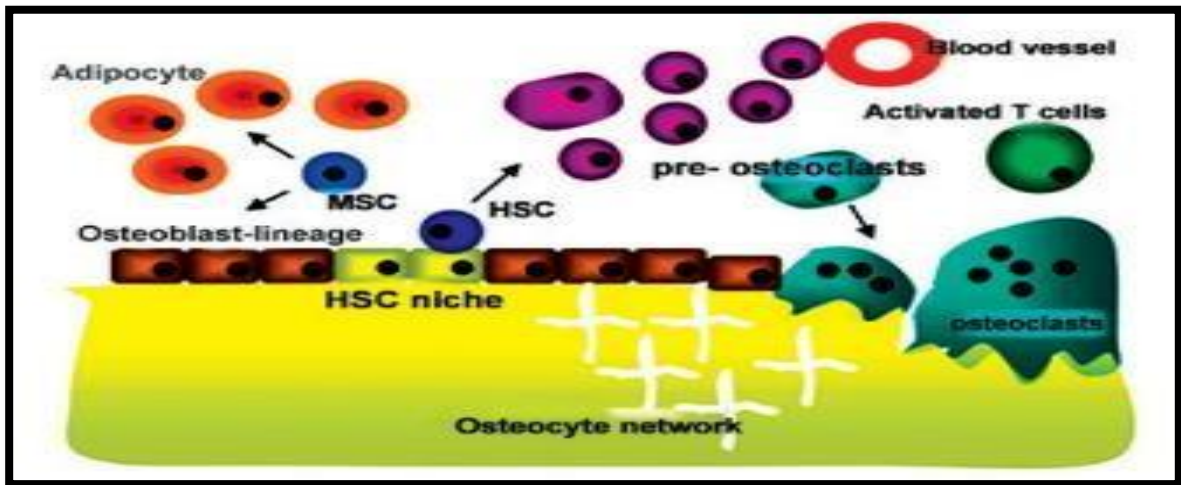
Osteoclasts are multinucleated giant cells that form from the fusion of mononuclear precursor cells. Mature osteoclasts are unique in their capacity to efficiently resorb bone and contain a variety of specific cell structures that facilitate this process. The origin of the osteoclast precursor cell has been well studied. Initial work demonstrated that osteoclasts share many characteristics with macrophages. Although, osteoclasts and macrophages appear to express some common antigens, there are also clear differences in the expression of surface antigens that separate these two cell types.

Mononuclear cells, which can differentiate into osteoclastlike cells (OCL) in a variety of in vitro culture systems, are present in the bone marrow and the peripheral blood. The availability of multiple antibodies recognizing cell surface molecules, which are expressed on hematopoietic cells, has allowed the identification of bone marrow peripheral blood and spleen cell populations that can form OCL in vitro.

- ii. **Osteoblasts:** Osteoblasts are derived from a mesenchymal progenitor cell that is multipotential and also can differentiate into marrow stromal cells and adipocytes. Although, the signals that regulate the decision of mesenchymal progenitor cells to form osteoblasts are incompletely understood. However, a number of critical paracrine signals and cell autonomous transcription factors have been identified. These include the transcription factors Runx2 and osterix, which when absent prevent osteoblast formation, and the bone morphogenetic protein (BMP) family, which initiates the signals for osteoblast differentiation. Most recently, it was found that Wnt signaling pathways are involved in the decision of the mesenchymal progenitor cell to become either an adipocyte or an osteoblast. As matrix calcifies under the influence of the osteoblast produced enzyme. Osteocytes then interconnect with each other with the cells present at bone surface via cellular projections, which called dendritic processes which reside in the form of channels in the mineralized bone, termed canaliculi.

- iii. **Osteocytes:** Osteocytes produces the Receptor Activator of Nuclear factor Kappa B ligand (RANKL) in the bone, therefore since this cytokine is important for lymphocyte development as cell type could in immune system. Indeed, it has been demonstrated t

that RANKL arising from osteocytes contributes to the bone loss and increased osteoclastogenesis observed in estrogen deficient conditions. Subsequently, particular deletion of the RANKL gene in the osteocytes prevents increase in B cell formation.



**Figure 1:** The bone environment

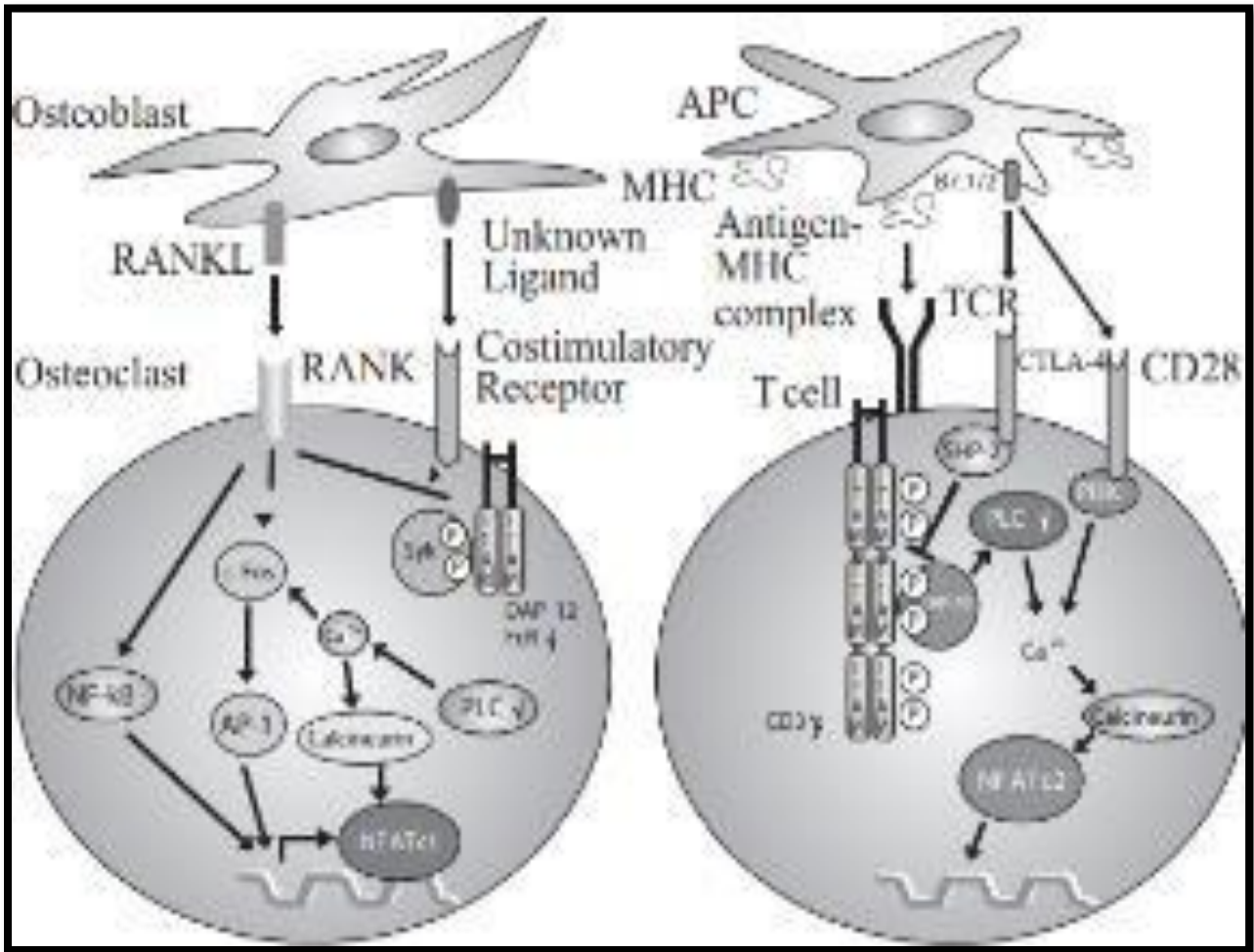
## 2.2 Immune cells in bone physiology:

Bone cells influences the immune system, and employs the immune factors for their physiologic function and vice-versa, as described below:

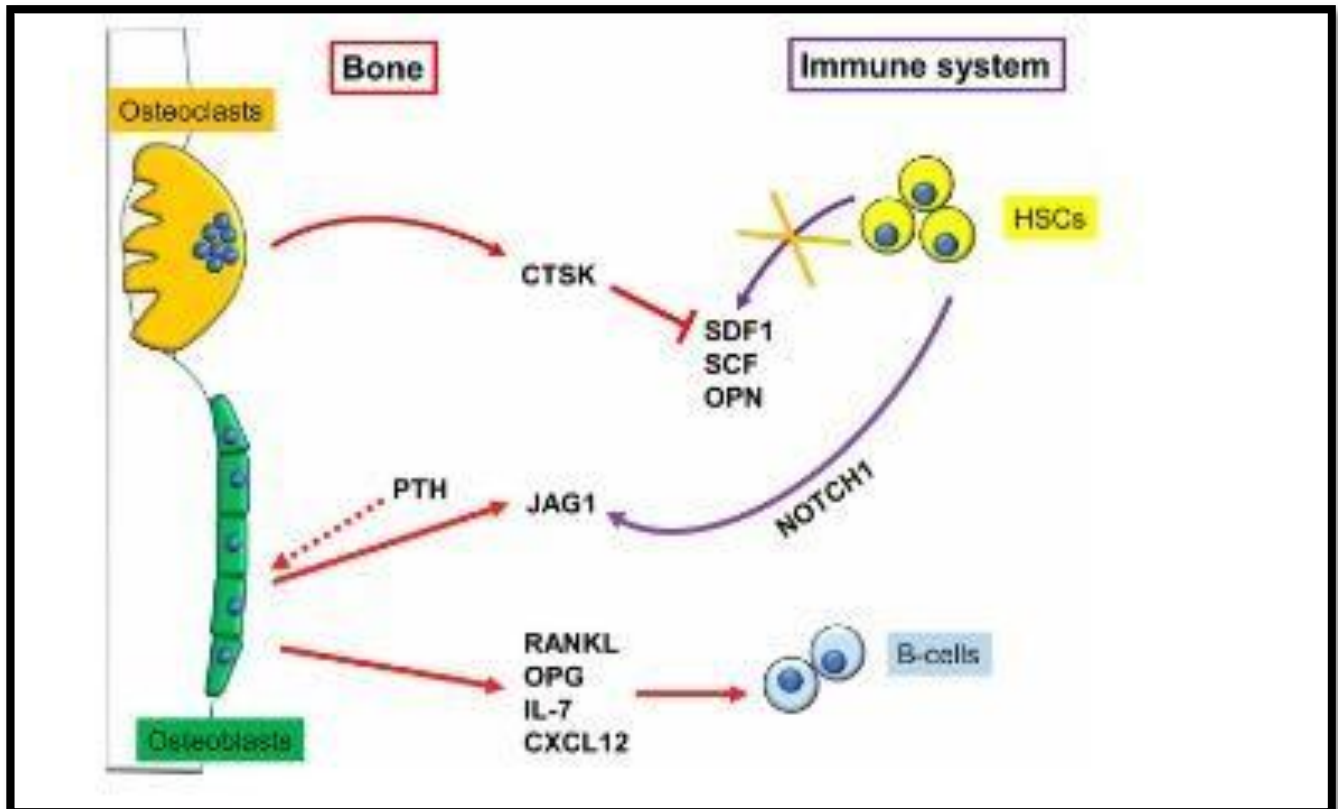
1. **T-Cells:** T-cells are component of adaptive immunity. These cells also play a role in osteoimmunology. T-cells are not all created equal, and in this group, we can find CD4+ T- helpers, cytotoxic CD8+ T-cells, further subcategorized in Th17, Th2, Th1, and T-reg cells, which plays a role in preventing excessive or improper (e.g.self-directed) immuneresponse. The links between T-cells and bone biology are numerous, essentially all the subtypes of T-cells are able to influence bone cells (mostly osteoclasts). The expression of a cytokine signature: IL-17A, IL-17F, IL-22, IL-26, and IFN- $\gamma$ . These cells can induce Macrophage Colony-Stimulating Factor (M-CSF) and RANKL expression in osteoblasts and stromal cells, produce RANKL and TNF- $\alpha$ , increasing RANK expression in osteoclast precursors. These features make them potent osteoclastogenesis inducers, which have been already described as players in human bone diseases, such as RA and multiple myeloma.
2. **Dendritic Cells:** Dendritic Cells (DCs) are the antigen presenting cells that important role of

directing cell-mediated immunity toward the right targets, as quickly as possible and avoid immunity. Their role in bone biology has in fact been historically thought as mostly indirect, through T cells. Dendritic cells also regulate subtype balance through cytokine signaling and their activity. An interesting concept that could be important in Rheumatoid Arthritis (RA) is that DCs transdifferentiate into osteoclasts through RANKL stimulation and MCSF. Since DCs are numerous in number hence, they could well contribute to the osteolytic disease like RA. However, DCs has not been investigated in human studies.

3. **Neutrophils:** Neutrophils play a pivotal role in bone biology, and in particular, in the inflammation-induced bone loss. In fact, neutrophils are the first cell type migrating to damage sites, including bone, where they secrete cytokines, many chemokines and small molecules, which acts as immunomodulatory factors. However, the absence of neutrophils is more damaging to the bone tissue since, it results in local IL-17-driven inflammatory bone loss eventually. The activated neutrophils express RANKL in the inflammatory site, and if that site is the synovium, they can also participate in osteoclastogenesis, thereby increasing the RA-related osteolysis. However, the role of neutrophils in osteoimmunology is not cut-and-dried, and that the activated neutrophils are surely the osteoclastogenesis inducers having effects, both directly and indirectly.
4. **Natural Killer (NK) Cells:** Natural Killer (NK) cells helps in the regulating the bone environment. They are involved in bone destruction induced by RA, and in osteoblast cell death, thereby making these cells a potential therapeutic target to reduce RA-induced bone destruction.
5. **Osteomacs and Bone Marrow Macrophages:** Bone and bone marrow present with resident macrophages, which include bone marrow macrophages and osteal macrophages. The latter, also known as osteomacs, are TRAcP negative and F4/80 positive, located close to the bone surface and are versatile cells, able to regulate bone mass and become osteoclasts, and also, participate actively in the homeostasis of the immune system. Inflammation and Inflammatory Factors Several cells of the immune system (T and B cells, NK cells, monocyte/macrophage and dendritic cells) produce Interferon (IFN)- $\gamma$ , which has a pivotal role in innate and adaptive immune responses as well as in the regulation of inflammation.



**Figure 2:** The immune interactions



**Figure 3:** The regulation of the immune cells by bone cells. Osteoclasts reduce hematopoietic stem cells (HSCs) by secretion of the cathepsin K (CTSK) that is involved in degrading the stem cell factor (SCF), stromal cell-derived factor (SDF), and osteopontin (OPN) depriving the bone niche of the HSC-binding sites. After stimulation, the osteoblasts along with the help of pro-osteoblastogenic factors such as Jagged1 (Jag 1), intermittent parathyroid hormone (PTH), binds with the NOTCH1 on HSCs, and allow B cells to interact in several ways.

## **CHAPTER 3: THE BONE REMODELLING**

### **3.1 Bone remodelling process:**

Bone remodelling is a coordinated process between formation and degradation of bone, respectively managed by osteoblasts (OBs) and osteoclasts (OCs), ensuring bone homeostasis. During bone remodeling, damaged and/or aged bone is being replaced by an equivalent amount of new bone to maintain normal bone mass and quality. Bone resorption is tightly coupled with subsequent bone formation in a remodeling process to achieve this. The process of linking resorption to formation is called “coupling”, and it has received considerable attention in bone research. Bone remodeling is carried out in three sequential phases: the “initiation” of bone resorption by osteoclasts, the “transition” from resorption to new bone formation (also well known as “reversal” period), and “bone formation”.

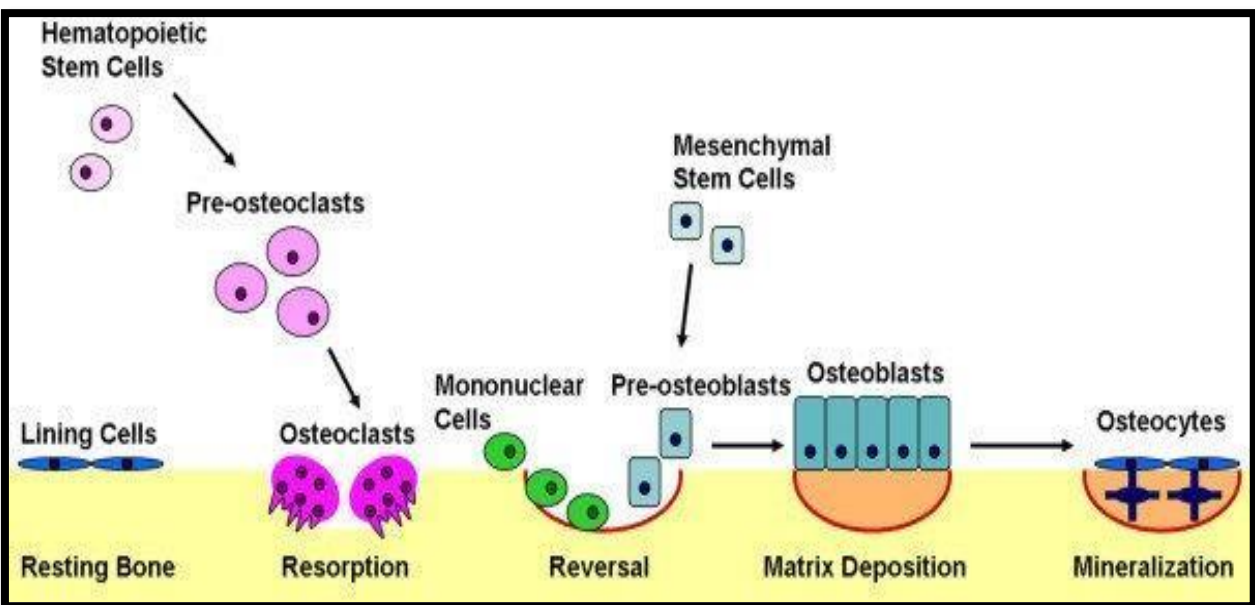
Bone was viewed as a static tissue, “scaffolding” for all the other organs, whereas, bone is an organ that is dynamic, that undergoes continuous cycles of modeling during growth and remodeling during adulthood, guaranteeing proper bone shape. Bone modeling and remodeling are guaranteed by the mechanism of: osteoblasts, which deposit bone, osteoclasts, which resorb bone, and osteocytes, which are former osteoblasts buried in bone matrix, controlling bone mechanophysiology, and able to resorb and deposit bone. The process of bone remodeling is categorized into four phases namely:

1. Latent phase: Osteocytes activate the bone-lining cells followed by a stimulus, whereby initiation of differentiation of osteoclast and exposition to the bone surface;
2. Activation phase: Osteoclasts then help in resorption of the bone remained by the bone-lining cells and then detach themselves from the bone and undergo apoptosis;
3. Reverse phase: Macrophage-like cells migrate to the lacuna and clean the debris left by the reverse cells and osteoclasts, and secrete that summons the osteoblast in resorption lacuna;
4. Formation phase: this is the lengthiest phase in the bone remodeling process, lasting up to 6-8 months, wherein, the osteoblasts occupy the lacuna for resorption and fill them with the organic osteoid

matrix and finally mineralizes. In this end phase, osteoblasts undergo apoptosis, or may embed themselves in the bone matrix they've produced, forming osteocytes.

Bone modeling and remodeling are identical processes sharing same mechanisms. In modeling happens during growth and fracture repair, and guaranteeing the mass accrual, while remodeling happens in adulthood and does not change the bone mass, but keeps mechanical property at physiological levels by renewal process.

The coupling mechanism hypothesis was first proposed by Baylinkin 1981, based on the soluble "coupling factor" released from the bone matrix during bone resorption that stimulated bone formation in organ culture. Nevertheless, the evidence from mouse genetics and human confirms this hypothesis that, patients with osteopetrosis due to the absence of osteoclasts had a reduced bone resorption as well as the reduced bone formation; and osteoclasts, suggesting that coupling factors are provided by osteoclasts themselves but, they don't resorb the bone and are released from the matrix during the process of the resorption of bone.



**Figure 4:** The bone remodelling cycle



### **3.2 Cellular and molecular mechanisms in boneremodelling:**

#### **1. The Basic Multicellular Unit**

Bone is a dynamic tissue formed by a protein and mineral salt matrix in which are embedded the bone cells, osteocytes (OCy), osteoblasts (OB) and osteoclasts (OC). Subsequently, other cells taking part in bone composition, including cartilage, stromal, mesenchymal and hematopoietic stem cells, are all linked by a dense network of signals. Antagonistic signaling between skeletal stem cell-derived subsets is a key mechanism in skeletal subset lineage commitment. Bone tissue undergoes continuous adaptation during lifetime to preserve the structure of the skeleton and to control the mineral homeostasis. Bone turnover requires two coordinated processes: bone formation, driven by OB and bone resorption, mediated by OC.

OCy, by a complex network of channels, transmit micro-traumatic and mechanical signals for activation of repairing. They exert a fundamental role in the control of OB and OC functions. The OCy synthesize the mineral component, and the bone matrix proteins, which helps in determination of the quality of the bone. There are multiple subpopulations of perisinusoidal mesenchymal stem/progenitor cells (MSPCs), that have specific relationships with the different kinds of niche, i.e. the surrounding microenvironment in which the self-renewal and multilineage stem cells proliferate and differentiate.

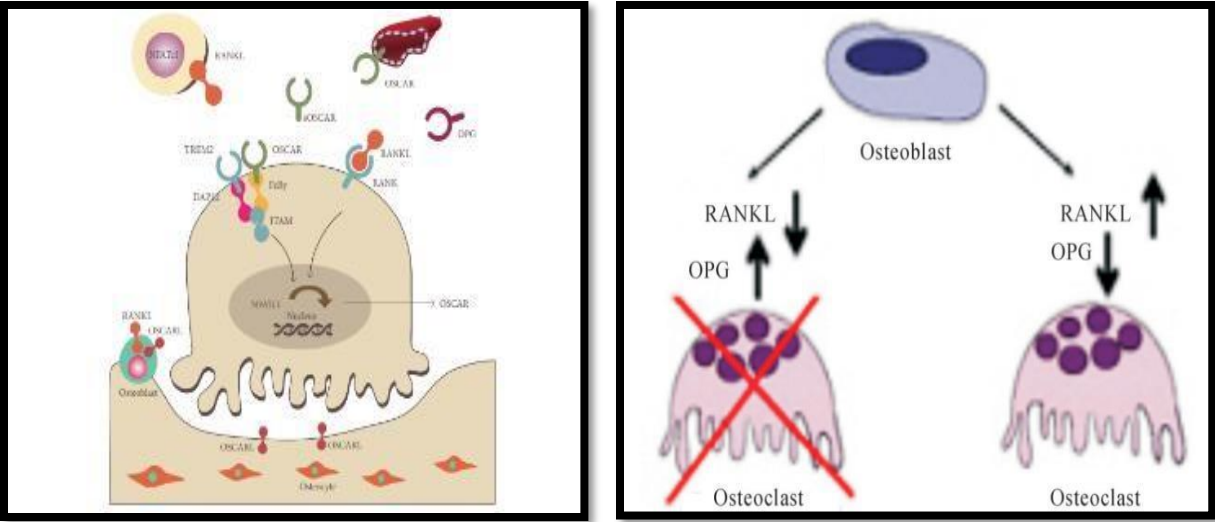
The stem cells that repair and maintain the postnatal skeleton is an osteochondroreticular (OCR) stem cell that generate reticular marrow stromal cells, OB, chondrocytes, but not adipocytes. They are characterized by the expression of the bone morphogenetic protein (BMP) antagonist gremlin 1 (Grem 1). The perisinusoidal MSC population also contains NesGFP, leptin receptor (Lepr)cre and CD146 expressing cells with osteogenic and adipogenic potential.

The osteoblast precursor cells (OBP) after increasing the osteopontin receptor (CD44) and the receptor for stromal cell-derived factor 1 SDF1 (CXCR4) expression, migrate and

OC are the multinucleated myeloid cells, specialized in the removal of mineralized bone matrix by the production of cathepsin k and lysosomal enzymes, such as tartrate-resistant acid phosphatase (TRAP), against a selective inhibitor (odanacatib) which has been recently synthesized to be employed in the osteoporotic patients. They're derived from a bone marrow precursor which subsequently, gives rise to professional antigen presenting cells (APC), i.e., macrophages and dendritic cells. OC may be therefore maybe considered as specialized immune cells. Also, OB, OCy and OC communicate with each other continuously as to optimize the bone quality.

## **2 The Receptor Network**

The binding of RANK receptor on OC and their precursors by its ligand RANKL, expressed by OB and stromal cells, is the main activation signal for bone resorption. The OB derived MCSF links to its receptor cFms on the surface of osteoclast cell precursors (OCP), enabling the RANK/RANKL signal. Osteoprotegerin (OPG) inhibits osteoclastogenesis by receptor of RANKL, thus preventing bone resorption. RANK receptor on OC, through the facilitation of the tumor-necrosis-factor-receptor-associated factor 6 (TRAF6), bound to bind with the cytoplasmic tail, activates NF- $\kappa$ B and other transcription factors, such as MAPKs, c-fos, activator protein 1 (AP1), up to nuclear factor of activated T cells (NFATc1), the hub of various signaling pathways. Simultaneously, the activation of RANK induce the phosphorylation that are associated with the adaptor proteins, like the immunoreceptor tyrosine-based activation motif (ITAM) and Fc receptor common gamma (FcR $\gamma$ ). Many other receptor pathways interact with RANK, some costimulators and amplifiers, others inhibitors and modulators, and many of these are shared by immune cells. An inhibitor receptor system for RANK signal is ephrin (Eph) B2/B4. EphB2 receptor on OC, stimulated by EphB4 ligand on OB, inhibits the OC differentiation blocking c-fos and the NFATc1 transcriptional cascade.



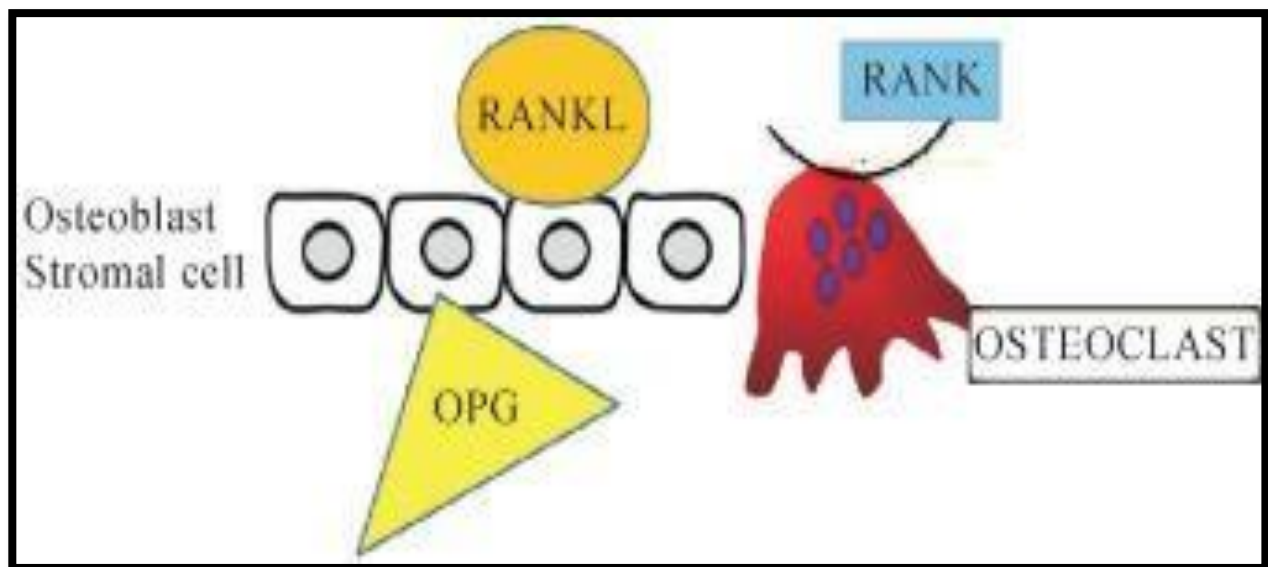
**Figure 5 & 6:** RANKL-RANK-OPG axis and ITAM pathway in osteoimmunology

### 3.3 Essential role of RANKL in bone metabolism:

RANKL is a membranebound molecule, and the soluble form is produced by a shedding process that is mediated by proteolytic cleavage by metalloproteinases such as MMP-14. Both the soluble and membrane bound forms of RANKL function as agonistic ligands for RANK. However, the membranebound RANKL is more efficient than its soluble form. RANKL serves as a survival factor for osteoclast lineage and chemotactic cells, but it's unclear how the membranebound and soluble forms specifically contribute to such functions. RANKL is expressed in mesenchymal cells such as bone marrow stromal cells (BMSCs) and osteoblasts.

The Osteoclast Differentiation Factor This was identified even before the origin and formal naming of the branch, the field of "osteoimmunology." More than three

decades ago, antigen-stimulated immune cells were shown to produce soluble factors such as interleukin (IL)1 that stimulate osteoclastic bone resorption. Since the 1980s, it has been observed that osteoblast lineage cells and bone marrow stromal cells of mesenchymal lineage are involved in the regulation of osteoclast differentiation in the bone marrow microenvironment, indicating that osteoclastogenesis-supporting mesenchymal cells provide certain factors essential for osteoclast differentiation. Burger et al. found that osteoclasts could be developed using an in vitro coculture of embryonic bone rudiments and hematopoietic cells. Since embryonic bone rudiments contain chondrocytes as well as osteoblasts and osteocytes, the result suggested that these cells are involved in the regulation of osteoclastogenesis. Another in vitro coculture system for osteoclastogenesis has been established and is widely used. This coculture system requires cell-to-cell contact between the osteoclast precursor cells of monocyte/macrophage lineage and osteoblast lineage cells derived from calvarial bone. Therefore, it was hypothesized that osteoclastogenesis-supporting cells should express an osteoclast differentiation factor (ODF) as a membrane protein.



**Figure 7:** Cells, ligands, receptors and decoys

## **CHAPTER 4: OSTEOIMMUNOLOGY IN BONE AND IMMUNE DISEASES**

The interconnection: immune system and bone in physiology is maintained in pathological conditions and some of the diseases found associated with the osteoimmunology disease are

1. **Rheumatoid Arthritis.** Rheumatoid arthritis (RA) affects 12% of the population and involves an autoimmune reaction with an autoantibody response to citrullinated proteins (and others such as rheumatoid factor and collagen type II). RA is characterized by synovitis involving angiogenesis, synovial proliferation, increased infiltration, survival, and decreased apoptosis of inflammatory cells. Further to this there is an increase in osteoclast number and activity leading to focal bone erosions, juxtaarticular osteopenia, and joint destruction. Animal models suggest that there may also be suppression of localised osteoblast formation of bone.
2. **Periodontitis:** Periodontitis is a inflammatory chronic disease of the gingival tissues, with an associated loss of the supporting structures including the periodontal ligament and alveolar bone. The aetiology involves an inflammatory response to bacterial infection such as *P. gingivalis* and possibly an autoimmune reaction, as reviewed. Periodontitis is the most common and widespread bone loss pathology in humans with 64% of the US population aged 65 years and older reported as having moderate or severe periodontitis. Despite the prevalence of this disease the most common treatment is either mechanical subgingival plaque removal or surgical debridement. Inevitably, in the absence of effective treatment, support structures (periodontium) are compromised and the affected teeth will loosen and fall out. Periodontitis and RA have the similar pathophysiology, characterized by destructive inflammation that culminates in localized bone loss. The citrullination of proteins by *P. gingivalis* and the subsequent generation of autoantigens that drive autoimmunity in RA have been proposed as a possible mechanism linking these two diseases.
3. **Postmenopausal Osteoporosis:** Osteoporosis is a disorder characterized by compromised bone strength and deterioration of bone quality and compromised bone strength, often leading to fragility (low trauma) fractures. The impact of this

terms of cost, morbidity and mortality. According to data from the National Health and Nutrition Examination Survey (2005,2008), 9% of adults age 50 and older had osteoporosis at the femur neck or lumbar spine. About 47% had low bone mass at either site. The impact of this disorder is significant in terms of cost, morbidity and mortality. Estrogen is a hormone important for not only the development and maintenance of the female reproductive system, but also bone homeostasis. In postmenopausal women, a reduction in the estrogen level results in rapid bone loss and an increased risk of bone fractures. Bone cells, including osteoclasts, osteoblasts, and osteocytes, express the nuclear estrogen receptor. Besides, estrogen exerts multiple effects on immune cells including lymphocytes, macrophages, and dendritic cells, which also express nuclear estrogen receptors, it is necessary to consider the complex interactions that exist among estrogen deficiency, bone loss, and the immune system.

4. **Bone Fracture Healing:** Bone fracture healing is a physiological process in which the bone consistently returns to its original shape, structure, and mechanical strength. In response to tissue injury, a multistage repair process is initiated for the regeneration of bone. Bone regeneration comprises a cascade of events involving blood clot formation, inflammation, callus generation, primary bone formation, and secondary bone remodeling. Immediately after injury, the first stage of bone healing, hematoma formation, starts with vessels disruption, platelet aggregation, and blood coagulation in the injury site. The hematoma contains immune cells such as neutrophils, macrophages, and lymphocytes. Removal of the hematoma after injury results in significantly delayed healing, suggesting a key role of the immune cells and their cytokines in fracture repair. An inflammatory response is initiated coincident with the hematoma formation.

5. **Myelodysplasia and Acute Myeloid Leukemia:** Another strong link between bone and the immune system is the fact that osteoblasts can influence the progression of preneoplastic and neoplastic transformations in the myeloid lineage. In fact, osteoblasts are able to slow down leukemia progression in mouse, creating an unfavorable microenvironment for leukemic blast growth. Consistently, osteoblast number is reduced by more than half in leukemic patients. Simulating this situation by mouse genetics, causes leukemic blasts to grow faster and engraft better. The same authors demonstrated that osteoblasts have another tight link to human leukemia: osteoblasts that have been genetically engineered to express a constitutively active form of  $\beta$  catenin, are able to induce leukemic transformation in myeloid cells, causing Myelodysplasia (MDS) and then Acute Myeloid Leukemia (AML). The concept of bone cells inducing malignant transformation, however, was not new, since already a few years earlier, Raaijmakers and colleagues found that ablating the miRNA processing protein dicer from osteoblast progenitors induces dysfunctional haematopoiesis, eventually leading to MDS and AML development. The field of “niche-induced leukemia” has received much attention, and still many groups are working on this topic to date.

## **CHAPTER 5: THE LATEST DEVELOPMENTS IN OSTEOIMMUNOLOGY**

Despite much of the field has already emerged, several groups are still actively discovering new molecules that can be considered part of the osteoimmunology world. This has been the case for a secreted protein named homologous to Lymphotoxin, exhibits Inducible expression and competes with HSV Glycoprotein D for binding to Herpesvirus entry mediator, a receptor expressed on T lymphocytes (LIGHT, a.k.a. Tumor Necrosis Factor SuperFamily member 14, TNFSF14), which has been linked to increased bone resorption in osteoarthritis more than 10 years ago, and has known a renaissance in the last few years as target for bone loss and biomarker for bone disease in multiple myeloma. This molecule seems to have a dual effect in bone: high levels are linked to bone loss, and so is its absence. The mechanisms involving it are therefore quite complex This behavior is also common to another regulator of bone mass that has recently emerged in the last few years: LipoCalin-2 (Lcn2). This protein is also called Neutrophil Gelatinase-Associated Lipocalin (NGAL), as it can bind MMP9, a crucial factor for neutrophil extravasation. Furthermore, Lcn2 is also readily overexpressed during inflammation, and following treatment with TNF $\alpha$ , IL17, and IL1 $\beta$ , and its role in inflammatory diseases is only starting to emerge; what is sure is that this molecule can be considered a player in innate immunity. In 2009, Lcn2 is strongly overexpressed in osteoblasts following in vitro mechanical unloading which led to the concept that Lcn2 is a mechanoresponsive gene regulating bone homeostasis. Surprisingly, removing this protein reduced bone mass. This is mostly due to the fact that Lcn2 impairs energy metabolism when removed, osteoblasts when overexpressed, which causes an indirect osteoblast dysfunction. The role of Lcn2 in bone is still under investigation by other groups where it has been found to influence hematopoiesis, and the melatonin receptor MC4R.



## **CHAPTER 6: SUMMARY AND PERSPECTIVES**

The bone is an organ that responds to a variety of exogenous stimuli and regulates itself according to various environmental cues such as tumors, calcium intake, aging, mechanostress and infections. The bone carries diverse functions related to the endocrine, skeletal, and immune systems, and research is carried out in various fields but, to understand multifunctional organs like bone, it is necessary to unite the findings and knowledge obtained from each discipline. Osteoimmunology is a good example of such interdisciplinary unification. In this sense it is no wonder that osteoimmunology is covering an increasingly wider field, because once one sees the crucial connections, it is obvious why it is crucially important to investigate anything related to either bone or immunology from the unified viewpoint of osteoimmunology. In the future, it will be intriguing to analyze mechanically and elucidate the evolutionary relationships between bone and the immune system. The concept of osteoimmunology is not only of crucial importance for such issues in basic biology, but also the development of novel therapeutic strategies in joint and bone diseases as well as immune disorders.

## **CHAPTER 7: CONCLUSION**

The concept of osteoimmunology is aging well, almost 20 years since the term was coined. This way of interpreting bone and the immune system has been steadily providing new insights about how the two of them operate and cooperate. As an example, the role of pro-inflammatory cytokines in promoting osteoclastogenesis, and the many parallels between immune cells and osteoclasts have proved crucial to understand the biology of these giant bone-eating cells. Intriguingly, the control mechanisms between bone and the immune system are tightly interconnected, complex; complexity of this field has made it difficult for researchers to find results, the kind that leads to the direct clinical application. Nevertheless, thanks to the effort of many scientists, nowadays clinics can use drugs, classically employed to treat osteoporosis, for immunological diseases. In conclusion, although the study of osteoimmunology has provided many answers, it also raised more questions, which we need to answer in order to understand the field in a vast way.

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